

# The de Tornyay Center for Healthy Aging

*Advancing the science and practice of healthy aging through its support of innovations in research, education, and healthcare since 1998.*



Over 20% of the US is expected to be 65+ by 2030<sup>1</sup>



More than 80% of older adults have at least one chronic condition<sup>2</sup>



About 5% of US nurses specialize in gerontology<sup>3</sup>

The de Tornyay Center promotes pathways to healthy aging in four ways:



**FOSTERING PARTNERSHIPS** with local and international organizations



**SUPPORTING** the training of a **NURSING WORKFORCE** knowledgeable about older adults



**FUNDING** and **PROMOTING** healthy aging related nursing **RESEARCH**



**MENTORING** and **SUPPORTING STUDENTS** interested in working with older adults

1. Vespa, J. E., et al. (2018). Demographic turning points for the United States: Population projections for 2020 to 2060 (pp. 25-1144). Washington, DC: US Department of Commerce, Economics and Statistics Administration, US Census Bureau 2. CDC Alzheimer's Disease and Healthy Aging. (2023) Chronic Disease and Cognitive Decline — A Public Health Issue. 3. Smiley, R. A., et al. (2023). The 2022 National Nursing Workforce Survey. Journal of Nursing Regulation.

The center supports innovative healthy aging research across a diverse set of topics in gerontological nursing.



Over **\$200,000** in faculty pilot grants awarded to date

## COMMUNITY PARTNERSHIPS

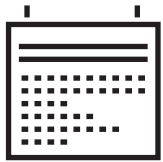
- The center supports and promotes community activities and events that advocate for healthy aging, age-friendly communities and quality health care systems for older adults.
- Researchers affiliated with the center present in local retirement communities, engaging residents on healthy aging topics ranging from nutrition to sleep and caregiving.
- Center staff write regular articles in NW Primetime, a local online newspaper targeted toward older adults.
- Students collaborate with community organizations on aging-related projects.

## Over **165** student scholarships awarded

The de Tornyay Center prepares the next generation of nurse leaders and researchers to further the science of healthy aging and deliver evidence-based compassionate health care to every older adult.

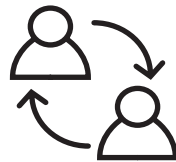


## HOW TO GET INVOLVED



### ATTEND OUR EVENTS

including our annual Ignite Aging and quarterly journal club



### COLLABORATE WITH THE CENTER

if you are part of a community organization



### APPLY FOR FUNDING AND SCHOLARSHIPS

if you are faculty or a student at the UW School of Nursing




### SUPPORT BY GIVING A GIFT

and help the advancement of healthy aging research

## Learn More

 [agingcenter.org](http://agingcenter.org)

 [facebook.com/deTornyayCenter](https://facebook.com/deTornyayCenter)

 [agingctr@uw.edu](mailto:agingctr@uw.edu)

**RHEBA DE TORNYAY** served as dean of the University of Washington School of Nursing between 1975 and 1986. Dr. de Tornyay made long-lasting contributions to the fields of nursing and gerontology. Under her leadership, the UW School of Nursing was named the number one school of nursing in the nation. The school continues to be a consistently top-ranked nursing school.

