# **Best Practice in Qualitative Research Methods with** Linguistically Diverse Participants: A Narrative Review Emily Ahrens, MS, RN, CCRN and Rashmi Sharma, MD, MHS

#### BACKGROUND

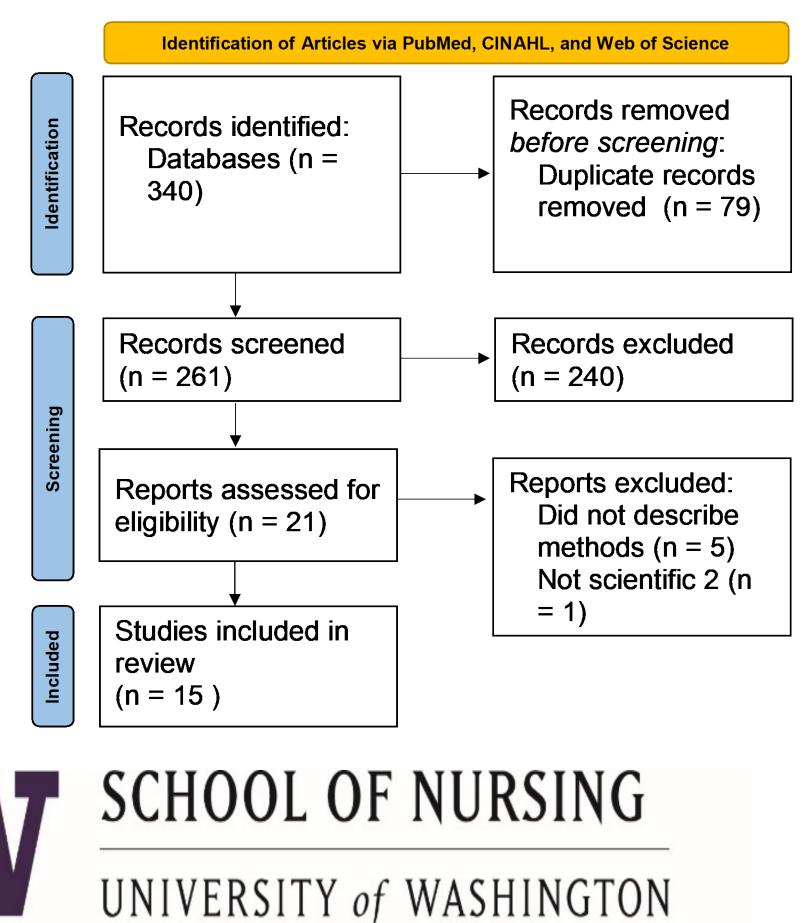
There is a growing recognition in the scientific community of a need to include participants from underrepresented communities, such as those who are linguistically diverse or whose primary language preference is a language other than English. Conducting qualitative research across languages requires methodological adaptations to ensure scientific rigor and accurate findings.

#### **PURPOSE**

To identify recommended methodological approaches to conducting qualitative research with linguistically diverse populations

#### **METHODS**

- Literature search of PubMed, CINAHL, and Web of Science
- Keywords: "Limited English Proficiency," "Qualitative Methods," and "Linguistically Diverse"
- Years 2000-2022
- Two researchers came to consensus on inclusion of articles for full text review



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## RESULTS

## **Epistemological Paradigms**

# Constructivist

- No Single Perfect Translation
- Focus on Conceptual Equivalence
- Accuracy Verbatim of meaning
  - Translation
    - Back

#### Planning Phase

- Partner with a Community Advisory Board with respect and equal power
- Use purposive snowball sampling
- Leverage community relationships to help with recruitment
- Ensure research documents are culturally and linguistically appropriate
- Include bilingual team members or interpreters/translators

#### Data Collection Phase

- Consider the cultural norms of participants when assigning an interviewer or focus group leader
- Consider translators/interpreter's lens on effect on meaning
- Pilot interview guides to test for cultural and language accuracy for intended meaning

#### Data Analysis Phase

- Understand each team member's lens/positionality
- Phenomenology should be avoided by monolingual researchers
- Use frequent team meetings to discuss interpretation/translation

#### Concepts

- Verbatim Translation: literal word for word
- Forward Translation: source language to target language
- **Back Translation**: target language back to source language
- **Conceptual Equivalence**: word/phrase chosen represents the same concept across languages
- **Transliteration**: no exact translation exists, but chosen word/phrase is as close as possible
- Sequential Translation: transcribing data in the source language first, then translate transcription

#### Translation

- Verbatim translation with back translation preferred by positivists Conceptual equivalence preferred by constructivists

Gather Data in Language 01 Participant

## **Enhancing Rigor**

- Ensure all team members are performing reflexivity to assess biases • Use tools like note-taking and audit trails
- Perform member checking
- Use an independent consultant to check accuracy of translations and/or findings

#### DISCUSSION

- Multiple steps should be taken to ensure accuracy of translation and interpretation of meaning
- Not adjusting research methods to account for translating meaning across languages and cultures threatens the rigor and validity of research findings

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 Forward and Translation

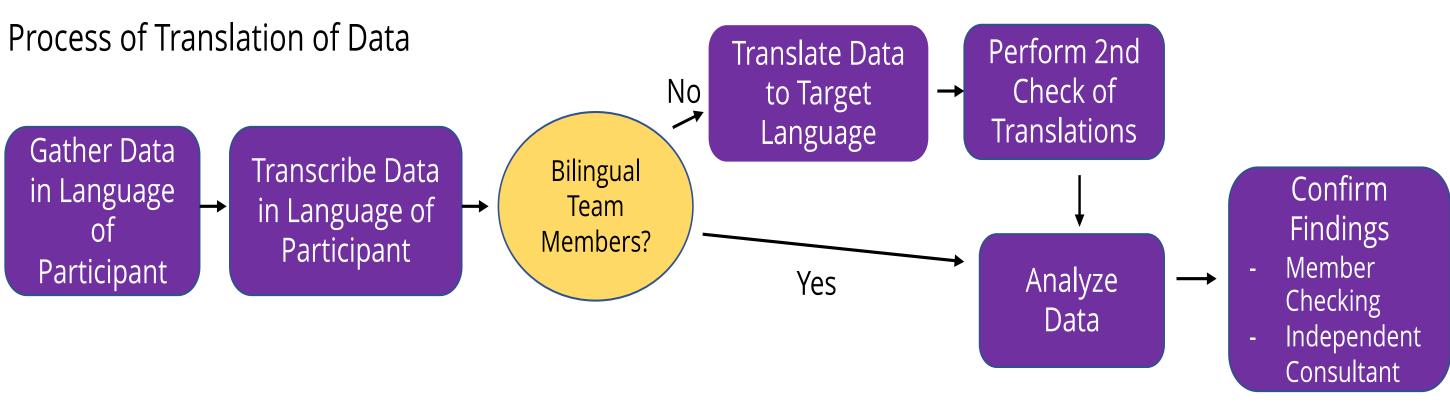
Positivist

Objective

and Exact







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