The de Tornyay Center for Healthy Aging

Advancing the science and practice of healthy aging through its support of innovations in research, education, and healthcare.

20% of the US population is expected to be over 65 by 2030

80% of older adults have at least one chronic condition

5% of nurses in Washington State specialize in gerontology

The de Tornyay Center promotes pathways to healthy aging in four key ways:

- **FOSTERING PARTNERSHIPS** with community and international organizations
- **SUPPORTING** the training of a **NURSING WORKFORCE** knowledgeable about older adults
- **FUNDING** and **PROMOTING** healthy aging related nursing **RESEARCH**
- **MENTORING** and **SUPPORTING** **STUDENTS** interested in working with older adults

The center supports innovative healthy aging research across a diverse set of topics from physical and cognitive health to caregiving and population level trends.

Over $150,000 in faculty pilot grants awarded to date

COMMUNITY PARTNERSHIPS

- The center supports and promotes community activities and events that advocate for healthy aging, age-friendly communities and quality health care systems for older adults.
- Researchers affiliated with the center present in local retirement communities, engaging residents on healthy aging topics ranging from nutrition to sleep and caregiving.
- Center staff write monthly articles in NW Primetime, a local newspaper targeted toward older adults with a circulation of 50,000.
- Students collaborate with community organizations on aging-related projects.

Over 140 student scholarships awarded

The de Tornyay Center prepares the next generation of nurse leaders and researchers to further the science of healthy aging and deliver evidence-based compassionate health care to every older adult.

HOW TO GET INVOLVED

ATTEND OUR EVENTS including our annual Ignite Aging and quarterly journal club

COLLABORATE WITH THE CENTER if you are part of a community organization

APPLY FOR FUNDING AND SCHOLARSHIPS if you are faculty or a student at the UW School of Nursing

SUPPORT BY GIVING A GIFT and help the advancement of healthy aging research

Learn More

agingcenter.org facebook.com/deTornyayCenter agingctr@uw.edu

RHEBA DE TORNYAY served as dean of the University of Washington School of Nursing between 1975 and 1986. Dr. de Tornyay made long-lasting contributions to the fields of nursing and gerontology. Under her leadership, the UW School of Nursing was named the number one school of nursing in the nation. The school continues to be a consistently top-ranked nursing school.